



BRAIN BASED COACHING

Gain ICF
Associate Certified Coach
(ACC)



NeuroLeadership
INSTITUTE



ABOUT THE PROGRAM

NeuroLeadership Institute's Brain-Based Coaching Certificate is your opportunity to **learn cutting-edge research-based tools and skills to help you effectively coach high performance**, business focused individuals within the workplace or private practice.

We define coaching as 'facilitating positive change by improving thinking'. The coaching models at the core of this program draw from the hard science of how the brain works and provide practical tools to help you improve other people's thinking and performance.

After participating in this program, you will understand the neuroscience behind insight-driven coaching conversations, goal-setting, and habit building that unlock new possibilities for robust interactions that translate into measurable results for your clients.



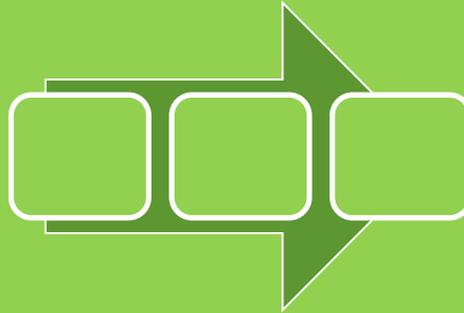
A UNIQUE APPROACH TO COACHING

NEUROSCIENCE BASED



Enabling a deeper understanding of how to coach, thus improving coaching effectiveness.

PROCESS FOCUSED



Coaches follow a clearly articulated and well structured methodology with defined steps and stages.

OUTCOME DRIVEN



Coaches focus firmly on objectives and outcomes, enabling insights into the way forward.



Click on the icon to
watch the video

Watch David Rock, Director of the
NeuroLeadership Institute talk on

LEARNING ABOUT THE BRAIN CHANGES EVERYTHING

LEARNING OUTCOMES

- Discover key insights about the brain how & why coaching works
- Communicate using a wide range of powerful questioning & listening techniques
- Master the dance of insight – our core coaching conversation model
- Set powerful actions and follow up in a way that generates insight and learning
- Develop confidence in regulating your own emotions and those of others
- Help your coachees build new, positive habits



TRAINING MODULES

1. Brain-Based Conversation Theory
2. Brain-Based Communication
3. Conversations that Generate Insight
4. The Dance of Insight™
5. Impasse to Insight
6. Insight to Action
7. Emotion Regulation
8. Bringing the Conversation Together
9. Elements of Insightful Conversations
10. Developing New Habits
11. Action to Habit
12. Coaching with Presence

The curriculum meets all Requirements, to enable application for **Associate Certified Coach (ACC)** with ICF via the portfolio route.



Program Dates

MODULE	FORMAT	MUMBAI - DATES
CORE UNIT 1 (Skills & Essentials)	3 Days FTF	November 2018 - 14, 15, 16
CORE UNIT 2 (Engagements)	8 Tele classes NLI / RCS Certified Coaches	November 2018 - 22, 29 December 2018 - 6, 13, 20, 27 January 2019 - 3, 10 (7.30pm to 9.00pm)
CORE UNIT 3 (Coach Mentoring)	5 Group & 3 Individual Tele classes NLI / RCS Certified Coaches	January 2019 - 24, 31 February 2019 - 7, 14, 21 (7.30pm to 9.00pm)
CORE UNIT 4 (Coaching Toolkit)	8 Tele classes NLI / RCS Certified Coaches	February 2019 - 28 March 2019 - 7, 14, 21, 28 April 2019 - 4, 11, 18 (7.30pm to 9.00pm)

PROGRAM INVESTMENT

STANDARD INVESTMENT

Rs 160000 + GST



BOOK A SEAT

LEARN NEUROSCIENCE TOOLS &
BECOME A COACH WHO PRODUCE RESULTS